

SUPPORT THE ENVIRONMENT

Have you ever wondered exactly how sustainable agriculture is better than industrial? Here is an easy reference that quickly and easily shows how sustainable farming is much more beneficial than industrial agriculture.

SUSTAINABLE AGRICULTURE

Sustainable farms produce foods without excessive use of pesticides and other hazardous chemical inputs. Research indicates that sustainable foods are often healthier than their industrially-produced counterparts.

Organic foods contain higher levels of antioxidants, which help fight certain types of cancer. Organic crops contain significantly more vitamin C, iron, magnesium and phosphorus.

INDUSTRIAL AGRICULTURE

Industrial crops contain more nitrates and heavy use of pesticides which are associated in elevating cancer risks.

Unsanitary conditions in factory farms and industrial slaughterhouses cause high levels of meat contamination which has resulted in recurrent epidemics of foodborne illness.

Please join us everyday as we prepare our food fresh, from local and high quality purveyors that never sacrifice or short change our standard and high demand in serving the finest food available.

Health, Nutrition and the Environment®